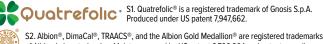
# Multi+ Powder Multivitamin Powder

#### **PRODUCT BENEFITS**\*

- Optimal wellness formulation
- Promotes proper detoxification
- Supports antioxidant activity
- Promotes appropriate adaptation to stress
- Ultra-absorbable delivery mechanism

Multi+ Powder is a high-quality, hypoallergenic multivitamin formula designed to help meet the daily nutritional needs of children and adults. The formula's delicious, natural fruit punch flavor and its powdered form make it easy to use. It features natural and activated forms of vitamins, such as beta-carotene, cholecalciferol, folate as 5-MTHF (5-methyltetrahydrofolate), and B12 as methylcobalamin as well as patented Albion<sup>®</sup> chelated mineral complexes. The activated nutrient profile supports vitamin/mineral synergistic activity, antioxidant protection with vitamins C and E, selenium, and carotenoids, healthy immune activity, cellular metabolism, and detoxification.



of Albion Laboratories, Inc. Malates covered by US patent 6,706,904 and patents pending.





#### SUPPLEMENT FACTS

| Serving size: 2 Scoops (about 6.1 g)<br>Servings per container: 60  | Amount              | % DV for<br>Children 1-3 | % DV for Adults<br>and Children 4 o |
|---|---------------------|--------------------------|-------------------------------------|
|   | Per Serving         | Years of Age             | more Years of Ag                    |
| Calories  | 20                  |                          |                                     |
| Total Carbohydrate  | 4g                  | <b>3</b> %‡              | 1%†                                 |
| Vitamin A (600 mcg (76%) as retinyl palmitate and<br>190 mcg (24%) as natural beta-carotene and alpha-caroten | 790 mcg<br>e)       | 263%                     | 88%                                 |
| Vitamin C (ascorbic acid)   | 600 mg              | 4,000%                   | 667%                                |
| Vitamin D3 (cholecalciferol) 40 mcg   | j (1600 IU)         | 267%                     | 200%                                |
| Vitamin E (as d-alpha tocopheryl succinate)   | 100 mg              | 1,667%                   | 667%                                |
| Thiamin (as thiamine HCI)   | 12.5 mg             | 2,500%                   | 1,042%                              |
| Riboflavin (as riboflavin and riboflavin 5'-phosphate sodiun  | ı) 10 mg            | 2,000%                   | 769%                                |
| Niacin (as niacinamide)   | 20 mg               | 333%                     | 125%                                |
| Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)   | 5 mg                | 1,000%                   | 294%                                |
| Folate (as [6S]-5-methyltetrahydrofolic acid glucosamine salt) <sup>s1</sup>                                  | 680 mcg             | 453%                     | 170%                                |
| Vitamin B12 (as methylcobalamin)  | 100 mcg             | 11,111%                  | 4,167%                              |
| Biotin  | 300 mcg             | 3,750%                   | 1,000%                              |
| Pantothenic Acid (as d-calcium pantothenate)  | 50 mg               | 2,500%                   | 1,000%                              |
| Choline (as choline dihydrogen citrate)   | 30 mg               | 15%                      | 5%                                  |
| Calcium (as calcium citrate malate) <sup>s2</sup>   | 100 mg              | 14%                      | 8%                                  |
| lodine (as potassium iodide)  | 150 mcg             | 167%                     | 100%                                |
| Magnesium (as dimagnesium malate) <sup>s2</sup>   | 125 mg              | 156%                     | 30%                                 |
| Zinc (as zinc bisglycinate chelate) <sup>s2</sup>   | 15 mg               | 500%                     | 136%                                |
| Selenium (as selenium glycinate complex) <sup>s2</sup>  | 100 mcg             | 500%                     | 182%                                |
| Manganese (as manganese bisglycinate chelate) <sup>s2</sup>   | 0.5 mg              | 42%                      | 22%                                 |
| Chromium (as chromium nicotinate glycinate chelate) <sup>s2</sup>   | 125 mcg             | 1,136%                   | 375%                                |
| Molybdenum (as molybdenum glycinate chelate) <sup>s2</sup>  | 100 mcg             | 588%                     | 222%                                |
| Sodium  | 45 mg               | 3%                       | 2%                                  |
| Potassium (as potassium glycinate complex) <sup>s2</sup>  | 66 mg               | 2%                       | 1%                                  |
| Natural Mixed Tocopherols   | 140 mg              | **                       | **                                  |
| Lemon Bioflavonoids (from Citrus x limon)(peel)   | 60 mg               | **                       | **                                  |
| Inositol  | 15 mg               | **                       | **                                  |
| Natural Mixed Carotenoids<br>Typical Composition:   | 2.59 mg             | **                       | **                                  |
| Beta-Carotene   | 1.85 mg             | **                       | **                                  |
| Alpha-Carotene  | 925 mcg             | **                       | **                                  |
| Gamma-Carotene<br>Lycopene  | 9.25 mcg<br>2.8 mcg | **                       | **                                  |
| Boron (as bororganic glycine) <sup>s2</sup>   | 750 mcg             | **                       | **                                  |
| Vitamin K2 (as menaguinone-7)   | 30 mcg              | **                       | **                                  |

<sup>1</sup>Percent Daily Values are based on a 2,000 calorie diet. <sup>‡</sup>Percent Daily Values are based on a 1,000 calorie diet. <sup>\*\*</sup> Daily Value (DV) Not Established

Other Ingredients: Beet juice concentrate (color), natural flavors, citric acid, stevia leaf extract, malic acid, and sea salt.

**Does Not Contain:** Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

\*To be provided by health care professionals only. The dosage recommendations are only for your health care provider's consideration. Please consult your health care provider for your individual dosing instructions. This product is for nutritional purposes only. It is not designed to diagnose, treat, reverse, cure, or prevent any disease. This product is not intended to replace or delay the use of prescription medication. These statements have not been evaluated by the FDA. All rights reserved © Biogenetix, LLC

www.biogenetix.com orders@biogenetix.com (833) 525-0001



## DIRECTIONS FOR USE

Children 1-3: a half scoop twice daily; children 4 or more: one scoop twice daily; adults: three to four scoops divided into two daily doses. Mix thoroughly in 8 oz of water and consume, or use as directed by your health care professional.

Consult your health care professional prior to use. Individuals taking medication should discuss potential interactions with their health care professional. Do not use if tamper seal is damaged.

### STORAGE

Keep closed in a cool, dry place out of reach of children.

# **REFERENCE LIST**

- Ames BN. A role for supplements in optimizing health: the metabolic tune-up. Arch Biochem Biophys. 2004 Mar 1;423(1):227-34. [PMID: 14989256]
- 2. Ward E. Addressing nutritional gaps with multivitamin and mineral supplements. Nutr J. 2014 Jul 15;13:72. [PMID: 25027766]
- Block G, Jensen CD, Norkus EP, et al. Usage patterns, health, and nutritional status of long-term multiple dietary supplement users: a crosssectional study. Nutr J. 2007 Oct 24;6:30. [PMID: 17958896]
- Lam LF, Lawlis TR. Feeding the brain The effects of micronutrient interventions on cognitive performance among school-aged children: A systematic review of randomized controlled trials. Clin Nutr. 2016 Jun 23. [PMID: 27395329]
- Moshfegh AJ, Goldman JD, Ahuja JK, et al. U.S. Department of Agriculture, Agricultural Research Service. What we eat in America, Nhanes 2005-2006. Usual nutrient intakes from food and water compared to 1997 dietary reference intakes for vitamin D, calcium, phosphorus, and magnesium. http://www.ars. usda.gov/SP2UserFiles/ Place/12355000/pdf/0506/usual\_nutrient\_intake\_ vitD\_ca\_phos\_ mg\_2005-06.pdf Published July 2009. Accessed September 22, 2016.
- Fulgoni VL 3rd, Keast DR, Bailey RL, et al. Foods, fortificants, and supplements: Where do Americans get their nutrients? J Nutr. 2011 Oct;141(10):1847-54. [PMID: 21865568]
- Milk Processor Education Program. What America's Missing: A 2011 Report on the Nation's Nutrient Gap. https://milklife.com/articles/nutrition/ what-americas- missing. Accessed September 23, 2016.
- Alexy U, Libuda L, Mersmann S, et al. Convenience foods in children's diet and association with dietary quality and body weight status. Eur J Clin Nutr. 2011 Feb;65(2):160-66. [PMID: 21139631]
- Kiyose C, Muramatsu R, Kameyama Y, et al. Biodiscrimination of alphatocopherol stereoisomers in humans after oral administration. Am J Clin Nutr. 1997 Mar;65(3):785-89. [PMID: 9062530]
- Burton GW, Traber MG, Acuff RV, et al. Human plasma and tissue alpha- tocopherol concentrations in response to supplementation with deuterated natural and synthetic vitamin E. Am J Clin Nutr. 1998 Apr;67(4):669-84. [PMID: 9537614]
- Venn BJ, Green TJ, Moser R, et al. Comparison of the effect of low-dose supplementation with L-5-methyltetrahydrofolate or folic acid on plasma homocysteine: a randomized placebo-controlled study. Am J Clin Nutr. 2003 Mar;77(3):658-62. [PMID: 12600857]
- Crossover Comparative Bioavailability Study of 5-Methyltetrahydrofolate Glucosamine Salt (GN10G) Compared to the Reference Metafolin® in Healthy Volunteers. IPAS-5MTHFA-583-09 final report. Desio, Italy: Gnosis S.p.A.; March 15, 2010: 1-33. [available from the manufacturer Gnosis S.p.A. upon request]
- Sallares J, Petschen I, Camps X, inventors; Ferrar Internacional, S.A., applicant. Process for the production of methylcobalamin. International publication number [English] WO 2006100059 A1. September 28, 2006.

Additional References Available Upon Request