

# BioG-Max GABA

## Professional-Grade Liposomal GABA



## PRODUCT BENEFITS

GABA is an amino acid produced by the body to act as the principal inhibitory neurotransmitter in the central nervous system. GABA supports the rest and digest mechanisms of the parasympathetic nervous system.

Many drugs, including sedatives, tranquilizers, and pain medications act by modulating GABA receptor activity - both positive and negative.

Toxins, such as mercury, farming chemicals, and even injury such as head trauma, elicit neurotoxic effects through glutamate receptors in the brain (called NMDA-mediated neurotoxicity). This is often the on ramp to a vicious cycle of neurotoxicity, anxiety, depression and disease. GABA support as part of a healthy lifestyle can help break that cycle by building the available pool of GABA and driving parasympathetic tone.



## PRODUCT FEATURES

- Tightly controlled small sizing, verified by Laser Dynamic Light Scattering on each batch (GABA mean size 50-100 nm)
- Precise pump delivery
- Easy to disperse in water when desired
- Intraoral delivery for best systemic availability

## DIRECTIONS FOR USE

Take 2-4 pumps by mouth as needed. Hold in mouth 30-90 seconds before swallowing. Repeat to desired dosage or as directed by a health care professional. Take on an empty stomach, at least 10 minutes before meals. If pregnant, consult physician before use.

## STORAGE

Store at room temperature.

## SUPPLEMENT FACTS

	Amount Per Serving	% Daily Value
Serving size: 4 Pumps (2 mL)		
Servings per container: 25		
GABA (Gamma-amino butyric acid)	250 mg	**
L-Theanine	100 mg	**
Phosphatidylcholine (from purified sunflower lecithin)	134 mg	**

Daily Values based on a 2,000 calorie diet

\*\* Daily Value Not Established

**Other Ingredients:** Water, glycerin, ethanol, tocopherols, and mixed natural tocopherols.

## REFERENCE LIST

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