# **MDS**

# Supports Methylation Reactions in the Liver



#### PRODUCT BENEFITS\*

- Supports methylation reactions associated with liver detoxification
- Promotes ideal homocysteine metabolism
- Supports the production and metabolism of bile
- Supports a healthy liver

MDS is a broad-spectrum nutritional formulation that supports methylation reactions and, in turn, supports proper homocysteine metabolism. MDS also supports the production and metabolism of bile as part of healthy liver function.

#### DIRECTIONS FOR USE

2 capsules once per day, or as directed by your health care professional.

#### **STORAGE**

Store in a cool, dry place away from direct sunlight. Product from unopened containers that have been stored under recommended conditions (55-85° F / 13-29° C) may be used for up to 36 months.

#### WARNING

Consult your health care professional before use if pregnant, nursing, taking medications, or for any use by minors. Do not use if safety seal is broken or missing. Keep out of reach of children.



### SUPPLEMENT FACTS

Serving size: 2 Capsules Servings per container: 45	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	37 mg	41%
Vitamin E (as D-Alpha Tocopheryl Succinate)	8.71 mg	58%
Riboflavin (as Riboflavin and Riboflavin-5-Phosphate Sodium)	7 mg	538%
Niacin	4 mg NE	25%
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg	353%
Folate (as L-5-Methyltetrahydrofolate Calcium)	574 mcg DFE	144%
Vitamin B12 (as Methylcobalamin)	505 mcg	21,042%
Biotin	766 mcg	2,553%
Choline (as Choline Bitartrate)	16 mg	3%
Magnesium (as Magnesium Citrate)	88 mg	21%
Betaine Anhydrous	387 mg	**
Methylsulfonylmethane (MSM)	36 mg	**
Betaine HCI	36 mg	**
SAMe (as S-Adenosyl-L-Methionine Disulfate P-Tosylate	31 mg	**
N-Acetyl-L-Cysteine	15 mg	**

<sup>\*</sup> Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Gelatin (Capsule), Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.

<sup>\*\*</sup> Daily Value Not Established



## REFERENCE LIST

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