# **Berberine X**

Ideal Metabolic Management



## PRODUCT BENEFITS

- 5× the bioavailability of berberine\*
- Supports healthy blood glucose and lipid metabolism\*
- Supports gastrointestinal health\*
- Supports immune health\*

Berberine X features dihydroberberine (DHB), a highly bioavailable metabolite of berberine with demonstrated benefits for blood glucose metabolism. Berberine naturally occurs in several plant species used extensively in traditional Ayurvedic and Chinese herbal practices; DHB is the natural bioactive form of berberine.\*

Berberine X has been formulated specifically to support metabolic health on multiple fronts: As obesogenic action of common industrial and farming chemicals comes to the forefront of clinical research, berberine begins to show its usefulness in promoting the management of reactive oxygen species production and the interruption of obesogenic differentiation of native cell repair mechanisms.\*

Heralded as weight loss support, research is gaining more and more momentum in the application of berberine supplementation for overweight individuals with or without blood sugar dysregulation.\*



## **KEY INGREDIENT**

#### **Berberine**

Berberine is a plant alkaloid derived from several different plant species customarily used in Ayurveda and traditional Chinese medicine for various therapeutic applications. Modern clinical use and published in vivo, in vitro, and animal research studies demonstrate that the berberine metabolite dihydroberberine (DHB) is more bioavailable than berberine and offers enhanced support for healthy blood glucose metabolism.\*1-5

## SUPPLEMENT FACTS

| Serving size: 1 Softgel        | Amount      | % Daily |
|--------------------------------|-------------|---------|
| Servings per container: 60     | Per Serving | Value   |
| Dihydroberberine <sup>S1</sup> | 200 mg      | **      |
| ** Daily Value Not Established |             |         |

Other Ingredients: Microcrystalline cellulose, capsule (hypromellose and water), ascorbyl palmitate, and silica.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.



## **DIRECTIONS FOR USE**

Take one capsule once or twice daily, or use as directed by your healthcare professional.

Consult your healthcare professional before use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

## **STORAGE**

Keep closed in a cool, dry place out of reach of children.

### **WARNING**

Consult your healthcare professional before use. Individuals taking blood thinners or other medication should discuss potential interactions with their health care professional. Do not use if tamper seal is damaged.

## REFERENCE LIST

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