# **Hepato-ST**

# Supports Healthy Liver Function



## PRODUCT BENEFITS\*

- Supports healthy liver function and detoxification
- Support the synthesis of phospholipids and lipid metabolism

The purpose of Hepato-ST is to support healthy liver function by helping normal distribution of fat in the liver, and to support the synthesis of phospholipids, which can help facilitate the elimination of lipids from the liver.

Hepato-ST contains nutritional compounds that have lipotropic properties and can be useful in the support of a healthy liver and, in particular, support the elimination of lipids from the liver.

Non-alcoholic fatty live disease (NAFLD) is the most common chronic liver disease in the world. A large contributor to the pathogenesis of NAFLD is chronic underconsumption of choline based on both functional and genetic factors. Choline has shown promise in its ability to support the healthy maintenance of liver tissue and function in those affected by NAFLD.

In addition to the powerful support offered by Choline, Hepato-ST also supplies progressive amounts of broccoli powder, shown to support healthy function of and protect against fatty liver changes.

Hepato-ST combines the traditional liver-support benefits of Milk Thistle Extract and herbal drainage with the advanced therapeutic potential of anti-NAFLD ingredients—uniting time-tested herbal wisdom with modern clinical innovation.



# SUPPLEMENT FACTS

Serving size: 1 Capsule Servings per container: 120	Amount Per Serving	% Daily Value*
Vitamin B6 (as pyridoxal 5'-phosphate)	2.5 mg	147%
Folate (As L-Methylfolate Calcium)	119 DFE (70 mcg L-Methylfolate)	30%
Choline (as Choline Citrate)	100 mg	18%
Magnesium (as Magnesium Citrate)	5 mg	1%
L-Carnitine (as L-Carnitine L-Tartrate)	125 mg	**
Taurine	30 mg	**
Milk Thistle Seed Extract (Silybum marianum)	30 mg	**
N-Acetyl-L-Cysteine	25 mg	**
Broccoli (Brassica oleracea)(floret)	25 mg	**
Inositol	25 mg	**
L-Methionine	25 mg	**

<sup>\*</sup> Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Gelatin (Capsule), Microcrystalline Cellulose, Magnesium Stearate.

<sup>\*\*</sup> Daily Value Not Established



# **DIRECTIONS FOR USE**

Take 1 capsule 3 times per day, or as directed by your health care professional.

#### STORAGE

Store in a cool, dry place away from direct sunlight. Product from unopened containers that have been stored under recommended conditions (55-85° F / 13-29° C) may be used for up to 36 months.

### WARNING

Consult your health care professional before use if pregnant, nursing, taking medications, or for any use by minors. Do not use if safety seal is broken or missing. Keep out of reach of children.

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