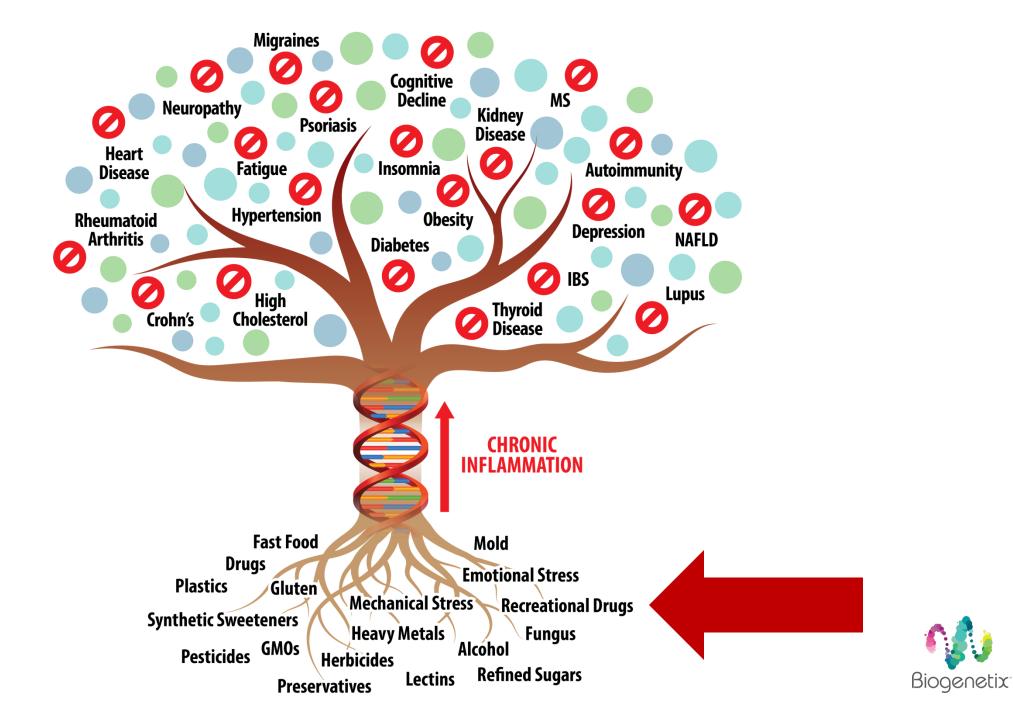
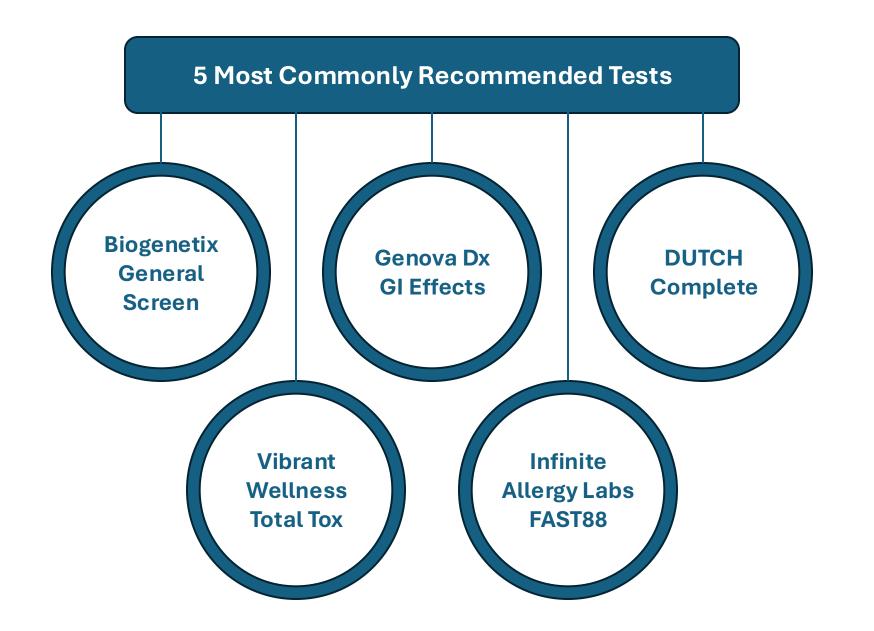
## Casual Friday Series

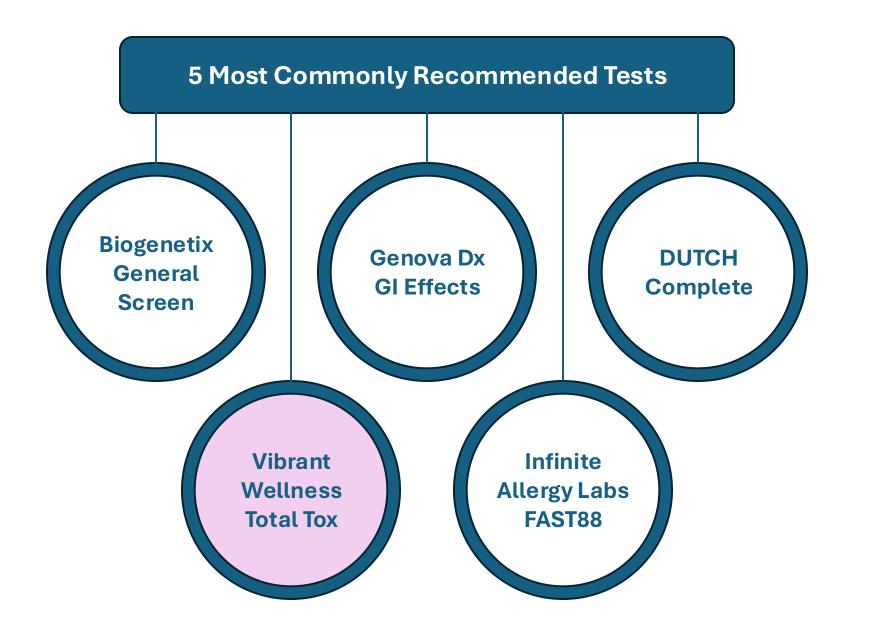
# **Tox Panel Applications**















### **Total Tox Burden Test**

**Get Started** 

At Home Test Available

Toxic exposure is a reality of our daily lives, but toxic overload can stress our bodily systems and manifest in various ways. Toxins can lead to elevated oxidative stress and increase demand on the body's detoxification pathways, particularly in the liver. When the liver can't adequately eliminate toxins or infectious byproducts, these toxins can clog up normal detox pathways and lead to a range of chronic inflammation symptoms. If you're experiencing multiple chronic symptoms and can't lose weight despite diet and exercise, you could be carrying a high toxic burden.

#### Sample Type



Explore Collection Instruction →

#### What's included

- √ Sample Collection Kit
- Comprehensive Personalized Report
- Free Sample Return Shipping

#### Additional Resources



# Do you struggle with these symptoms?

· Fatigue and weakness

Chronic burning in the throat and nasal passages

· Coughing, wheezing, shortness of breath

· Balance loss or dizziness

Depression or anxiety

· Eye irritation or tearing

Headache and light sensitivity

Heightened sensitivity to chemicals in foods

Disorientation

· Metallic taste in the mouth

Irregular heartbeat

· Morning stiffness or joint pain

Mood swings

Muscle weakness

Skin rashes

Sleep problems

· Vision or hearing changes

Poor memory, difficulty finding words

· Difficulty concentrating

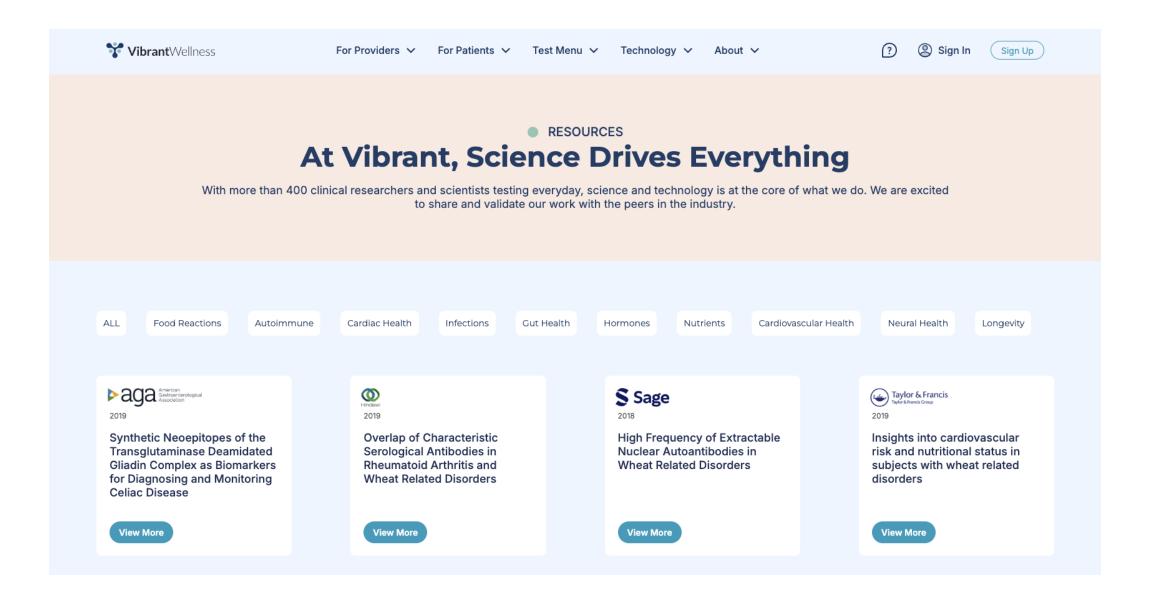
Unusual skin sensations, tingling, and numbness

Increased urinary frequency or thirst

· Abdominal pain, diarrhea, or bloating

· Static shocks

	Urine Creatinine										
Heavy Metals	Aluminum     Antinomy     Arsenic     Barium     Beryllium     Bismuth     Cadmium	Cesium Gadolinium Lead Mercury Nickel Palladium Platinum	<ul> <li>Tellurium</li> <li>Thallium</li> <li>Thorium</li> <li>Tin</li> <li>Tungsten</li> <li>Uranium</li> </ul>								
Mycotoxins	<ul> <li>Aflatoxin M1</li> <li>Aflatoxin B1</li> <li>Aflatoxin B2</li> <li>Aflatoxin G1</li> <li>Aflatoxin G2</li> <li>Sterigmatocystin</li> <li>Zearalenone</li> <li>Fumosinins B1</li> <li>Fumosinins B2</li> <li>Fumosinins B3</li> </ul>	Citrinin Mycophenolic Acid Roridin E Enniatin B1 Verracurin A Verracurin J Deoxynivalenol (DON) Nivalenol (NIV) Diacetoxyscirpenol (DAS) T-2 toxin	Satratoxin G Satratoxin H Roridin A Roridin L-2 Ochratoxin A Patulin Dihydrocitrinone Gliotoxin Chaetoglobosin A								
Environmental Chemicals	2,4-Dichlorophenoxyacetic Acid (2,4-D)     Perchlorate     2,2-bis(4-Chlorophenyl)acetic acid (DDA)Diethyldithiophosphate (DEDTP)     Dimethyldithiophosphate (DMDTP)     Diethylthiophosphate (DETP)     Dimethylphosphate (DMP)     Diethylphosphate (DMP)     Diethylphosphate (DEP)     Dimethylthiophosphate (DMTP)     Atrazine     Atrazine mercapturate     Glyphosate     3-Phenoxybenzoic Acid (3PBA)     Monoethyl Phthalate (MEP)     mono-2-ethylhexyl phthalate (MEHP)	<ul> <li>mono-(2-ethyl-5-hydroxyhexyl) phthalate (MEHHP)</li> <li>mono-(2-ethyl-5-oxohexyl) phthalate (MEOHP)</li> <li>Mono-ethyl phthalate (MEtP)</li> <li>Methylparaben</li> <li>Propylparaben</li> <li>Butylparaben</li> <li>Ethylparaben</li> <li>N-acetyl-S-(2-carbamoylethyl)-cysteine (NAE)</li> <li>N-Acetyl (2-Cyanoethyl) Cysteine (NACE)</li> <li>N-Acetyl (2,Hydroxypropl) Cysteine (NAHP)</li> <li>N-Acetyl (3,4-Dihydroxybutyl) Cysteine (NADB)</li> </ul>	2-Hydroxyethyl Mercapturic Acid (HEMA)     N-Acetyl Propyl Cysteine (NAPR)     Diphenyl Phosphate (DPP)     Tiglylglycine (TG)     Bisphenol A (BPA)     Triclosan     4-Nonylphenol     2-Methylhippuric Acid (2MHA)     3-Methylhippuric Acid (3MHA)     4-Methylhippuric Acid (4MHA)     2-Hydroxyisobutyric Acid (2HIB)     Phenylglyoxylic Acid (PGO)     N-acetyl phenyl cysteine (NAP)								



# Terms for the next 10 years.

- **1. Diabetogen** capacity to produce or cause diabetes.
- 2. Obesogen a chemical that can promote weight gain by disrupting the body's ability to control appetite, metabolism, and fat accumulation.
- **3.** Carcinogen any chemical or compound that promotes or causes cancer in any form.



64 yo M Construction 6'2" 235

DM2 Cancer Anxiety Memory Loss ED

> Jardiance Metformin TRT Levo

	Test	Current Resu	lt and Flag	Previous Result and Date	Units	Reference Interval					
$\blacktriangle$	Hemoglobin A1c 01	8.7	High		%	4.8-5.6					
	Please Note: 01										
			betes: 5.7 - 6	.4							
			Diabetes: >6.4 Glycemic control for adults with diabetes: <7.0								
		Glycem									
	Test	Current Resu	ılt and Flag	Previous Result and Date	Units	Reference Interval					
	Lipids 01										
<b>A</b>	Cholesterol, Total <sup>□1</sup>	297	High		mg/dL	100-199					
$\blacktriangle$	Triglycerides 01	230	High		mg/dL	0-149					
	HDL Cholesterol <sup>01</sup>	47			mg/dL	>39					
<b>A</b>	VLDL Cholesterol Cal	45	High		mg/dL	5-40					
$\blacktriangle$	LDL Chol Calc (NIH)	205	High		mg/dL	0-99					
	LDL Calc Comment:										
		Consider evalua clinically indi		lial Hypercholesterolemia(FH	), if						
<b>A</b>	T. Chol/HDL Ratio	6.3	High		ratio	0.0-5.0					
	Test	Current Result and Flag		Previous Result and Date	Units	Reference Interval					
<b>A</b>	TSH <sup>01</sup>	34.100	High		uIU/mL	0.450-4.500					
	Thyroxine (T4) 01	6.9			ug/dL	4.5-12.0					
	T3 Uptake 01	25			%	24-39					
	Free Thyroxine Index	1.7				1.2-4.9					



High (>95th percentile)					/ 全	Mycotoxins	Enviro	onmental Toxins
TEST NAME	CURRENT RESULT	PREVIOUS RESULT	CUR	RENT	RESULT	PREVIOUS R	ESULT	REFERENCE
	17.7		0 :	3.68	6.53		0	≤6.53 ng/g
Diacetoxyscirpenol (DAS)	14.78		0	2.4	4.27		(	≤4.27 ng/g
	6.78		0 :	3.45	6.13	)		≤6.13 ng/g
Mono-(2-ethyl-5-hydroxyhexyl) phthalate (MEHHP)*	133.52		0 14.	1	37.7		(	≤37.7 ug/g
Mono-(2-ethyl-5-oxohexyl) phthalate (MEOHP)*	29.04		0 8.9	9	23.4	<b>O</b>		≤23.4 ug/g
Aflatoxin B1 (AFB1)	6.75		0	3.9	6.93			≤6.93 ng/g
Nivalenol (NIV)	2.31		0	1.8	3.2			≤3.2 ng/g
∠ Zearalenone (ZEN)	0.5		0	0.38	0.67			≤0.67 ng/g
& Aluminum	21.24		0 17	.8	45.1			≤45.15 ug/g
ु Arsenic*	11.97		0 11.9	)	52			≤52 ug/g
© Cadmium*	0.59		0 0.2		0.8			≤0.8 ug/g
Bisphenol A (BPA)*	2.41		0 2.	12	5.09			≤5.09 ug/g
Dimethyl phosphate (DMP)*	12.27		0 9.1	•	33.6			≤33.6 ug/g
Dimethyldithiophosphate (DMDTP)*	0.87		0 0.67		6.12			≤6.12 ug/g
Tiglylglycine (TG)	0.15		0 0.09		3.24			≤3.24 ug/g
Triclosan (TCS)*	53.4		0 29.9		358			≤358 ug/g



### 75 yo F Retired Mail Carrier 4'11" 155

DM2
Depression
Insomnia
Cystitis
Osteo

Glimepiride Atorvastatin Omeprazole HCTZ

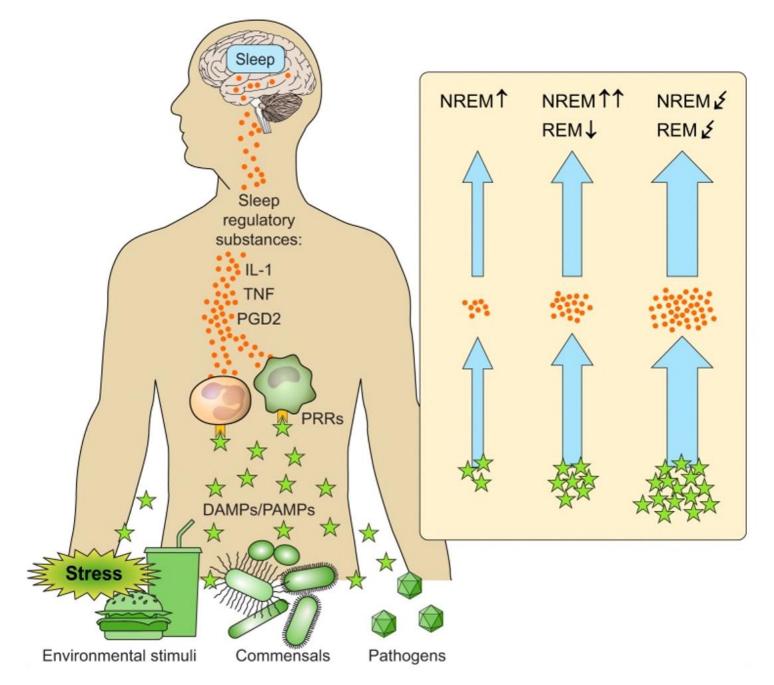
Test Current Result and Flag		Previous Result and Date	Units	Reference Interval				
▲ Hemoglobin A1c 01	7.5	High		%	4.8-5.6			
Please Note: 01								
	Prediabetes: 5.7 - 6.4							
	Diabetes: >6.4							
	Glycemic control for adults with diabetes: <7.0							
Estim. Avg Glu (eAG)	169			mg/dL				

Test	Current Resu	ılt and Flag	Previous Result and Date	Units	Reference Interval
Lipids 01					
Cholesterol, Total 01	180			mg/dL	100-199
Triglycerides 01	136			mg/dL	0-149
HDL Cholesterol 01	52			mg/dL	>39
VLDL Cholesterol Cal	24			mg/dL	5-40
▲ LDL Chol Calc (NIH)	104	High		mg/dL	0-99
T. Chol/HDL Ratio	3.5			ratio	0.0-4.4

- .

	Test	Current Result a	ind Flag	Previous Result and Date	Units	Reference Interval
•	C-Peptide, Serum 01	5.7	High		ng/mL	1.1-4.4
		C-Peptide referer	ce interval	is for fasting patients.		





High (>95th percentile)		<b></b>	Мус	otoxins	<i>©</i> н	eavy Metals	Enviro	nmental Toxins
TEST NAME	CURRENT RESULT	PREVIOUS RESULT		CURRENT	RESULT	PREVIOUS R	ESULT	REFERENCE
	15.48	C	0	3.9	6.93		<b>Q</b>	≤6.93 ng/g
Aflatoxin B2 (AFB2)	23.55	ļ	0	4.58	8.13		•	≤8.13 ng/g
	21.93	ļ	0	3.68	6.53			) ≤6.53 ng/g
	10.85	ļ	0	6.08	10.8			≤10.8 ng/g
← Chaetoglobosin A (CHA)	81.47	į C	0	17.9	31.8		0	≤31.87 ng/g
	10.2	į.	0	2.4	4.27		•	≤4.27 ng/g
∳ Fumonisins B1	19.7	ļ	0	3.45	6.13			) ≤6.13 ng/g
<b>∲</b> Fumonisins B2	8.97	(	0	4.05	7.2	0		≤7.2 ng/g
∳ Fumonisins B3	13.18	(	0	6.08	10.8	<b>O</b>		≤10.8 ng/g
√ Nivalenol (NIV)	7.28	ļ	0	1.8	3.2		0	≤3.2 ng/g
	11.34	ļ	0	3.83	6.8	•		≤6.8 ng/g
Lead⁺	1.59	ļ	0	0.52	1.16	0		≤1.16 ug/g
4-Nonylphenol	8.19	C	0 (	0.42	2.06			) ≤2.06 ug/g







18 yo F 5'7" 130

Anxiety
Bloating
Gut Pain
Constipation
Brain Fog
Depression
Fatigue
Headaches
Recurrent Strep

No meds.

	Test	Current Res	ult and Flag	Previous Re	sult and Date	Units	Reference Interval
	Lipids 01						
<b>A</b>	Cholesterol, Total 01	176	High			mg/dL	100-169
	Triglycerides 01	49				mg/dL	0-89
	HDL Cholesterol ⁰1	80				mg/dL	>39
	VLDL Cholesterol Cal	10				mg/dL	5-40
	LDL Chol Calc (NIH)	86				mg/dL	0-109
	T. Chol/HDL Ratio	2.2				ratio	0.0-4.4
	BUN/Creatinine Ratio	13		16	09/11/2023		10-22
	Sodium 01	141		141	09/11/2023	mmol/L	134-144
	Potassium 01	4.3		3.8	09/11/2023	mmol/L	3.5-5.2
	Chloride 01	100		102	09/11/2023	mmol/L	96-106
	Carbon Dioxide, Total 01	26		25	09/11/2023	mmol/L	20-29
	Calcium <sup>01</sup>	10.3		9.5	09/11/2023	mg/dL	8.9-10.4
	Protein, Total <sup>01</sup>	7.6		6.9	09/11/2023	g/dL	6.0-8.5
	Albumin 01	5.0		4.3	09/11/2023	g/dL	4.0-5.0
	Globulin, Total	2.6		2.6	09/11/2023	g/dL	1.5-4.5
	Bilirubin, Total 01	0.5		0.2	09/11/2023	mg/dL	0.0-1.2
	Alkaline Phosphatase 01	90		78*	09/11/2023	IU/L	47-113
	AST (SGOT) 01	18		22	09/11/2023	IU/L	0-40
	ALT (SGPT) 01	10		19	09/11/2023	IU/L	0-24
	Test	Current Res	ult and Flag	Previous Re	sult and Date	Units	Reference Interval
Т	Iron Bind.Cap.(TIBC)	424		380	09/11/2023	ug/dL	250-450
	UIBC 01	375		342	09/11/2023	ug/dL	131-425
	Iron 01	49		38	09/11/2023	ug/dL	26-169
▼	Iron Saturation	12	Low	10	09/11/2023	%	15-55
Ξ	Ferritin 01	20		22	09/11/2023	ng/mL	15-77
_	Hemoglobin A1c 01	4.8				%	4.8-5.6
	Please Note: 01	Diabe	abetes: 5.7 - 0 tes: >6.4 mic control fo		diabetes: <7.0		
_	Estim. Avg Glu (eAG)	91				mg/dL	
_						_	

High (>95th percentile)					薆	Mycotoxins	Enviro	nmental Toxins
TEST NAME	CURRENT RESULT	PREVIOUS RESULT		CURRENT R	ESULT	PREVIOUS R	ESULT	REFERENCE
	12.97		0	3.9	6.93	•		≤6.93 ng/g
Deoxynivalenol(DON)	103.35		0	37.9	67.4	0		≤67.47 ng/g
	0.74		0	0.38	0.67	0		≤0.67 ng/g
Bisphenol A (BPA)*	12.5		0	2.12	5.09		•	≤5.09 ug/g
	3.59		0	3.45	6.13			≤6.13 ng/g
∳ Fumonisins B3	7.24		0	6.08	10.8			≤10.8 ng/g
	9.15		0	6.53	11.6			≤11.6 ng/g
<sub>e</sub> <sup>©</sup> Cesium*	6.46		0	6.37	10.3			≤10.3 ug/g
Butylparaben*	0.59		0 0	.25	4.39			≤4.39 ug/g
Dimethyl phosphate (DMP)*	15.94		0	9.1	33.6			≤33.6 ug/g
Phenyl glyoxylic Acid (PGO)*	307.35		0	285	518			≤518 ug/g
Tiglylglycine (TG)	0.18		0 0	09	3.24			≤3.24 ug/g
Triclosan (TCS)*	99.7		0 2	9.9	358			≤358 ug/g



